



Convegni di Uroginecologia e Pavimento Pelvico.

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PROGETTO MEDICINA INTEGRATA: NUOVO PARADIGMA OLISTICO DELLA "SCIENZA UMANA" DEL FUTURO. Capire il senso della vita, liberarsi dalla paura della "brutta malattia" e riappropriarsi del destino della propria vita.

"Pelvipерineologia Olistica, oltre l'uroginecologia".

ABSTRACT:

To understand the "disease" (Spiritual - Psycho - Neuro - Endocrine - Immune - Organic Distress - SPNEIO), means to catch the "quintessence / bio - logical significance" that has been coded since billions of years into epigenetics and archetypes codes: attempts of living beings to adequate themselves to the environment, for the survival and evolution - reprogramming. The Integrated Holistic Medicine represents the modern and future synthesis of the whole scientific and philosophic knowledge, both conventional and non - conventional: the Human Science. The global and perineal reprogramming, the bio-energetic meditation and informational drugs represent the therapeutic "gold standard" of chronic disease and cancer. It is essential to restore the coherent and symbiotic syntony of human's Inner Vital Force (MindBodySoul) with the Whole - Environment - Organism. Every inanimate thing and every human being evolve themselves in harmony, that is in coherence and in bio-resonance with the common Tao: "the way to the knowledge and virtue, the high aim of existence". The prejudice and the false trans-generational beliefs of disease, individually and universally considered as "bad, incurable disease", represent the main obstacle to the real healing process.

INTEGRATED UNIQUE MEDICINE

New holistic paradigm of future's "Human Science"
The chronic, degenerative and neoplastic pelvi-perineal diseases represent a challenge for the "holistic pelvi-perineologist", future's specialist physician. The best possible somatic and emotional "image" that men can acquire and offer emerges from the "bio-postural" aspect, for the adaptation or dynamic compromise

with the environment; a "non - verbal and subtle" language of body-mind, "surfacing" of the deepest and unconscious personality, to satisfy the inner will to be loved and accepted. The pelvi-perineum represents an amazing example of bio - cybernetic "complex system", in an incessant and open "comparison" and informational exchange with the environment (continuous postural-epigenetic reprogramming); critical point of the "global postural-fascial net, in a dynamic equilibrium with the "Whole - Human Being - Environment. It is regulated by the **Pelvi-perineal Postural Constant (PPC)**, ideal functional entity, in turn determined by the **Global Postural Constant (GPC)** and by the **Spiritual Psycho Neuro Endocrine Immune Biological Constant (SPNEIO B.C.)**, that is, the personality - biotype.

To consider the disease simply and anachronistically as a "enemy to defeat", to heal with symptomatic and suppressive therapies, could compromise the chance to comprehend their deep, "biological and wise" significance and the therapy for a real healing process. A pragmatic, scientific and philosophic change of medicine and the health system is necessary to try to catch the real meaning, often concealed in the subconscious, of the chronic, dysfunctional and tumorous disease, in its quintessence (phylogenetic, embryological and ontogenetic), through the vision of the "human, holistic science" and the quantic physics and medicine. For this purpose, a new strategy of University and Sanitary Institutions is urgent. It is necessary to acquire a new, modern and open-minded synthesis of the diverse diagnostic and therapeutic strategies, both conventional and non - conventional: **"Integrated Unique Medicine"**, in the way of a strategic sharing of the knowledge of each eastern and western scientific and cultural traditions. The "Human Science", as a holistic, multidiscipline knowledge, deals with the eco-biologic health of "human being - environment", in its own unity and totality. Every doctor should know the basis of the "complexity of humankind - life" that is facing. **"What to care", as the complexity of the pluri-symptomatic clinical syndromes**, is to be known as a priority before each therapeutic intervention. After that, the specific technical and specialized competences take part: medical/pharmacological, surgery, either substitutive or integrative, for acute and severe clinical settings or for severe organic damage. The scientific research of PNEI and Holistic Medicine is demonstrating that the worst cause of diseases is the fear of the disease itself (**syndrome of fear**).

Unfortunately, in our individual and collective subconscious, the dramatic and worrying perception of disease as "bad, incurable disease"; consequence of "bad luck", of sudden and senseless "genetic mutation", hereditary disease, generic nutritional and environmental stress, idiopathic causes. In this deleterious psycho - environmental context, the "poor" patient becomes a simple and abandoned "depersonalized sick organ", induced to sink into an abyss of endless fear, with no way out. The most important and extraordinary task of democratic medical and scientific community (free from commercial conflicts of interest) should be spread through a "social sanitary reeducation", to eliminate the

trans -generational "false collective beliefs" that anesthetize and dim the minds. These "hereditary prejudices" (A. Einstein), misleading from the real causes of the chronic and neoplastic diseases, have been transmitted since hundred of years, by the medieval reductionist culture of the "witches' hunt", and eradicated into the collective and individual social, political and sanitary imaginary.

To understand the meaning of life and death to comprehend the "disease": new paradigm of Quantic and Biologic Medicine

According to the quantic medicine (Spaggiari - Trezza), that follows the new scientific paradigm of quantic physics (Einstein, Plank), the human being (as well as any other aspect of reality) is an "energetic quantum", originated by the Bing Bang at the beginning of Universe, as a "fractal bio-electromagnetic scheme", later condensed into matter, in continuous evolution - reprogramming. Each living being represents a new "attempt of adaptation" that renews itself in a continuous fashion (birth - death - rebirth). The Big Bang might be compared to the birth of humankind (primary follicle burst); the stages of evolution to the ones of ontogenesis, from the "water worm" to embryo, up to the fetus. Each form of matter is made up of the same atomic and energetic structure; the primitive universal information incorporated in it is the only thing that changes, as well.

All the elements of Universe (**M**- matter: planet, minerals, plants, animals, humankind) have a common origin from the **E** "Energy - Primitive Vital Force" (Big Bang), that made the "Whole - Universe - Organism (13.7 billions of years ago), in " Bio - logic Teleonomic" evolution - expansion (**C²: Entelachia, Tao - Way to Knowledge, Virtue, High Aims of Existence**).

The primitive energy (E) identifies itself into the Primitive Vital Force (Spirituality- Universal Soul), that is inside every life form, a guide - *trait d'union* of "Organism Whole Environment's" harmonic and coherent evolution. The Matter (M) in the body, "Es", Collective Unconscious, epigenetic hardware, common project of human life: Biological Codes or primitive Archetypes that are at the basis of the "experience and behavioral memory" of the individual and collective Body Scheme. The Movement - Expansion (**C²**) of Mind, software of the "Rational I" - project of life and conscious thought. Expansion (**C²**) means "movement-evolution" (through the *Tao = Knowledge - Virtue*): the humankind is "condemned" to restore - reprogram itself to adequate to the newest environmental dynamic requests, for the best possible "survival - evolution". The rational mind, "Conscious I", is the variable epiphenomenon of the **organic vital structure**, strengthened throughout billions of years, at the vanguard of exploration in life- environment, the "light that shines in the darkness of unknown", to new attempts of evolution chances.

The "wellness-health-wisdom" and the "malaise-illness-discomfort" are not antithetic phenomena, static and separated, good and bad luck, but inseparable faces of the same coin, that belongs to the "dynamic Vital Force" (*Chi, energy*).

The HEALTH -"joy-birth" (Eros-pleasure-Yang- light - positive) and the ILLNESS "pain-death" (Pathos- Thanatos-suffering-Yin-darkness-negative) does not exist in a separate way, but as opposite and supportive functions of the **same inseparable reality**. Phenomena in a continuous and unavoidable synthesis - antithesis, love - hate, entropy - entrophy, order- disorder, illness - healing; constructive and re-constructive dialogue of "mind-soul in a global expansion", to the research for the best possible solution for survival-evolution.

THE ILLNESS IS THE ATTEMPT TO HEAL MAN (C.G. JUNG)

The "illness" **is not** and should not be perceived as bad luck or unavoidable woe for and unexpected "cellular madness", by uncertain generic and genetic causes, but as "**precise biological evolution discomfort - conflict**": automatic response of **the Biological Constant SPNEIO** to the survival, "moment of awareness" (flight - neoplasm or fight - ulcer, reprogramming - biologic evolution. The "disease" represents a tool of evolution to restore - reprogram human being to new environmental conditions - needs, for the best evolution possible. Reconsidering Einstein's formula ($E=mc^2$), M (matter-cells-body) is directly proportional to primitive "invariable" energy (E) and, otherwise, inversely proportional to Expansion (C^2 stress. The result is $M=E/C^2$).

In case of insurmountable recidivate biological conflicts, the conflict mass (C^2) will increase in an unaffordable way, to the detriment of body-cells (M) that, being inversely proportional to it, will tend to reduce down to "zero" (E is invariable). A progressive tendency to the cells (M= body - cell) immaturity will occur, with a return to totipotency (evolving in the first phase) for the reprogramming and research for a new solution (neo - plasm). The cells, according to the Biologic Constant and the embryonic derivation, react in assorted ways with several feasible anatomic-histologic-functional modifications/solutions: proliferation (neo-plasm), necrosis - ulceration (re-storing after elimination of non - coherent tissue), or cellular functional arrest, as "waiting for", and "to adequate" the body-mind to new feasible, coherent solutions-functions.

The symptom is the conscious language of our unconscious. The "I" is not master in his house" (S. Freud)

To understand the meaning and the "aim" of pathophysiology, for its holistic and integrated management, we should aim at distinguishing the **two phases of "disease-discomfort"'s clinical course**, to avoid incongruous and detrimental suppressive therapeutic interventions.

1st subclinical, conflicting, sympathetic "ideoplastic" phase, of transformation - reaction to new environmental needs (active - unconscious conflict). Clear and impressive symptoms may lack.

2nd post conflicting, parasympathetic, inflammatory, frankly symptomatic phase, of bio-structural repair - transformation; a dangerous iatrogenic phase, potential trigger of **syndrome of fear** as prejudice.

In the **first phase** (sympathetic), just vague mental and generalized symptoms are present: they often appear inexplicable and are attributed to stress or weariness: anger, irritability, insomnia, melancholy, variable mood, sudden change of "personality", "obsessive" thought, overthinking, grudge, weight loss because of loss of hunger, cold feeling (vasoconstriction). Local symptoms run low.

The **second phase** (parasympathetic) is the critical one, characterized by inflammation, with feasible impressive physical symptoms: pain, edema, water retention, functional lesions, warmth and sweating (vasodilation), hypotension, hypothyroidism. Paradoxically, in this phase, the mental symptoms can improve (mood). The B.C. SPNEIO, by the resolution and overcoming of the biological conflict (without the improper interferences of the drugs), are almost always able to find a new and more advanced equilibrium (reprogramming-transformation), through the environmental requests-needs. The inflammatory - parasympathetic phase represents Biological Constant's attempt to structural repair and potential "*restitutio ad integrum*", in a "superior" evolutionary dimension.

In this phase (symptomatically critical), the psychological support, the organization and coordination of the diverse medical specialties are crucial to manage tissue, endocrine and acute cardio - circulatory disequilibria, that need intensive medical therapies and/or surgery with wisdom, knowledge and harmony in an integrated way. The inflammatory - symptomatic phase is at the highest prognostic risk, because the patient and all his family and social context might be plunged into the "syndrome of fear", or the "bad disease". The vicious circle "**fear - new biological conflict - new fear - new biological conflict**" may occur.

Repeated psycho - biological conflicts can determine the genesis of new neo-plasms (interpreted as metastasis), with continuous relapses of sympathetic- parasympathetic phases that increase in an unsustainable way for duration and intensity the "conflictual mass", bringing to a point of no return.

Another essential topic for a harmonic cultural basis of integrated medicine is to clarify the role and meaning of microbiota, that is the ecosystem of saprophytes.



Microbiota: global net, "trait d'union" of "water - earth - living beings".

The Micro - biota wears a fundamental role in the pathophysiology of human being (internal ecosystem of eubiotic saprophytes).

"The presence of microbes was discovered in the second half of last century, until then unknown. Given that, their presence was noticed in each patient affected by infection - tissue inflammation with fever, so their presence was confused with their pathogenic responsibility" (G. Enderlein et al.)

The misinterpretation still persists: the saprophytes (funghi, bacteria and viruses) are often considered the cause of the disease. According to the biological medicine, on the contrary, the microbes belong to the part of our ontogenetic system and PNEI: "they work in the reparation phases of the disease (*in concerto* with the PNEI system), through the elimination of disrupting infected tissue or in excess, cellular debris and toxins (parasympathetic phase); furthermore, they contribute to "tissue repair and reconstruction, activate themselves in the moment of resolution of conflicting pathogenic *noxa*; they finally become inactive, behaving as precious allies to the orders of our brain" (A. Beschamp, G. Enderlein, R.G. Hamer).

Every symbiotic species (colloidal corpse, microzymes) can transform into other forms at analogue developing stages, as a response to environment (in particular the pH) and to the needs of the organism (concept of Enderlein's *pleomorphism*). The microbiota represents the "ancestral basic vital structure" and the "trait d'union" of all the inorganic matter, plants and animals. The saprophytes lived always together, in every tissue of living beings. They are able to transform themselves into other ultramicroscopic inferior stages (colloid corpses) to the superior ones (funghi, bacteria, viruses, mitochondria, cytoskeleton), depending on the needs and characteristics of "guest-host". They give life (metabolism, repair, healing) or death (apoptosis of an organism not yet useful and coherent with the whole-environment-organism). These considerations should make us reflect on the use of many suppressive therapies, in particular on the abuse of antibiotics.

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